

ST JOHN LUTHERAN SCHOOL MENU

NOVEMBER

USDA is an equal opportunity employer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 NO SCHOOL
4 Chicken Tamale Pie Refried Beans Mexican Corn Tropical Fruit	5 Cowboy Cavatini Salad Tomatoes Pears	6 Chicken Leg Broccoli Rice Casserole Cucumbers & Dip Roll Apple Slices	7 Breakfast Sausage Casserole Blueberry Muffins Snow Peas with Dip Peaches	8 Beef & Noodles Green Beans with Cheese Sauce Roll Orange Slices Cherry Crisp
11 Macaroni and Cheese Meatballs Broccoli & Cucumbers Banana Bread Applesauce	12 Lasagna Breadstick Salad Grapes	13 Chicken Noodle Soup Mashed Potatoes Zucchini & Baby Carrots Apples	14 Taco Salad Corn Mandarin Oranges	15 Pancakes Sausage Patty Carrots/Celery with Peanut Butter Apple Juice Frosted Pumpkin Cake
18 Taco Lettuce/Tomato Refried Beans Tropical Fruit	19 Tator Tot Casserole Green Beans Roll Strawberries/Bananas	20 Chicken Alfredo Salad Pineapple	21 Corn Dog Baked Beans Celery with Peanut Butter Peaches	22 Sweet & Sour Chicken & Rice Bowl Cheesy Broccoli Bananas Royal Brownies
25 No School	26 No School	27 No School	28 No School Thanksgiving Day	29 No School

PLEASE NOTE: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% milk (unflavored). Reduced fat dressing is served with salads and fresh vegetables. The menu is subject to change to make the best use of food.